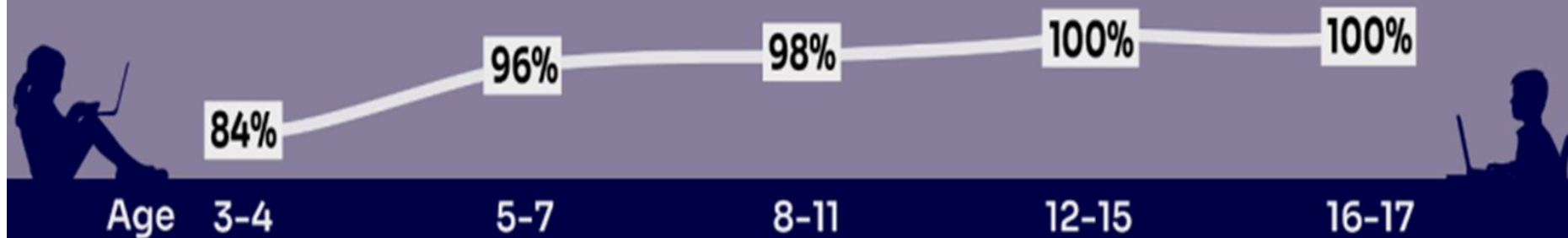


Parental Control Apps

AN INTRODUCTION

Proportion who go online, by age



Proportion who have their own mobile phone, by age

27%

26%

61%

96%

99%

Age 3-4

5-7

8-11

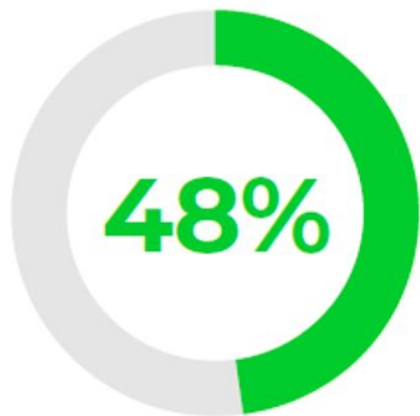
12-15

16-17

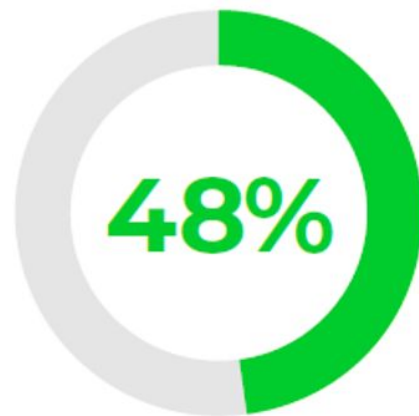
Use of mobile phone or tablet to go online: by age



Inappropriate Contact

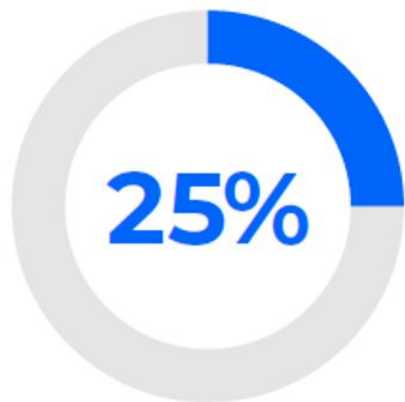


of secondary school children
have talked to strangers
on social media

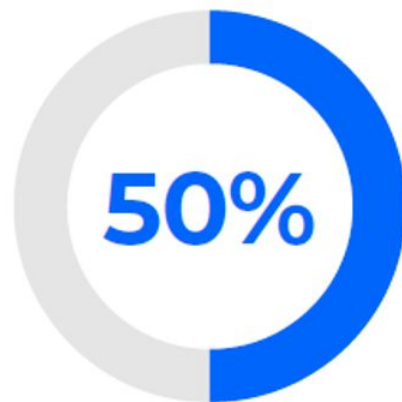


of 11 year olds **have a**
social media profile

Inappropriate Conduct



of children **will**
experience cyberbullying



of children **say someone**
has been nasty online

Inappropriate Content



4.7
million

URL's showing
pornographic content –
more than **12%** of the internet



11
years

Average age to **first**
view porn online



1/3

of children have **seen explicit**
images by age of 10

What are parental control apps?

Parental control apps can be used to monitor a child's online activity and to limit potential encounters with inappropriate or harmful content.

- Monitor search history
- Block websites or apps
- Schedule designated screen time
- View text and/or audio messages
- Alert parents to a child's physical location
- Tell parents who children are talking to online
- Show call logs and the numbers a child may be contacting/contacted by.

Information Commissioner's Office (ICO)

"If you provide parental controls, give the child age appropriate information about this. If your online service allows a parent or carer to monitor their child's online activity or track their location, provide an obvious sign to the child when they are monitored."



**An overview to what's
available?**

Disclaimer

The apps and suggestions are not personal recommendations or endorsements. The following information has come from www.internetmatters.org

Microsoft Family

Available across all Microsoft devices, including Xbox consoles and smart devices that use **Windows OS**. Microsoft Family lets you:

Set screen time limits: Set specific times during the day or week of how long you want them to play.

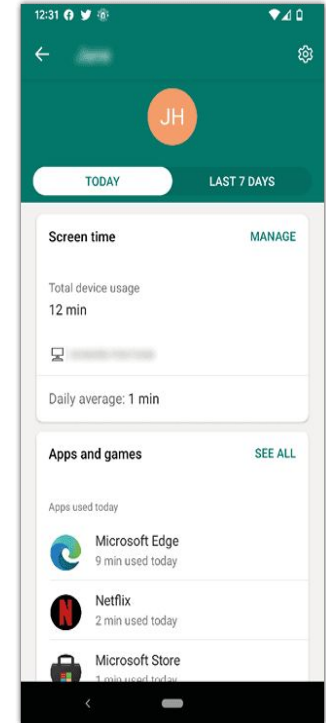
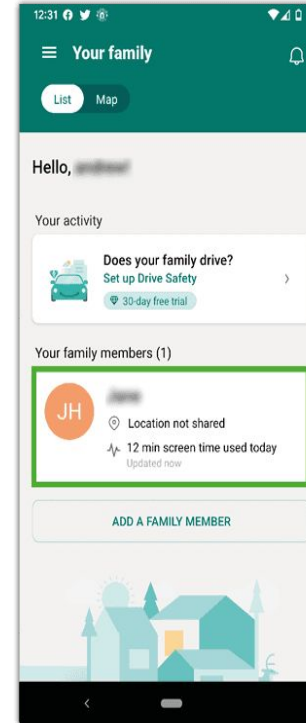
Review and manage friends lists: Parents can accept or decline new friends requests, and also review children's existing friends lists.

Manage content filters: Choose age-appropriate levels for rate games and apps.

Set play and communication restrictions on Xbox: Choose who children interact with in the Xbox community from 'no access', 'friends only' or 'everyone'.

View activity reports: A detailed summary of your child's activity online and on their Xbox

You can download the app for **free** on any device. If you have an Apple device, you can still manage Xbox settings through the app. Most Microsoft devices will come with Microsoft Family pre-installed.



iOS 12 and above for iphone and ipad

Simplicity: 3/5 There are a lot more features meaning it may take some time figuring it out.

Coverage: 4/5 iOS.

Control: 5/5 Can limit apps and internet time as well as other activities like privacy, texts, calls, and location.

Value: 5/5 Free with iOS.

Score: 17/20



Circle

Simplicity: 5/5 No app to install on devices, just one simple setup for everything.

Coverage: 5/5 PC, Mac, Apple TV, Smart TVs, Android, and iOS.

Control: 3/5 Can limit any app via internet time with limits for specific activities like Fortnite or Roblox across all systems. But it doesn't limit time on apps without internet. Doesn't limit texting or mobile data unless you pay extra.

Value: 3/5 £99 one-off fee no device limit, but extra cost to manage mobile data.

Score: 16/20



Boomerang

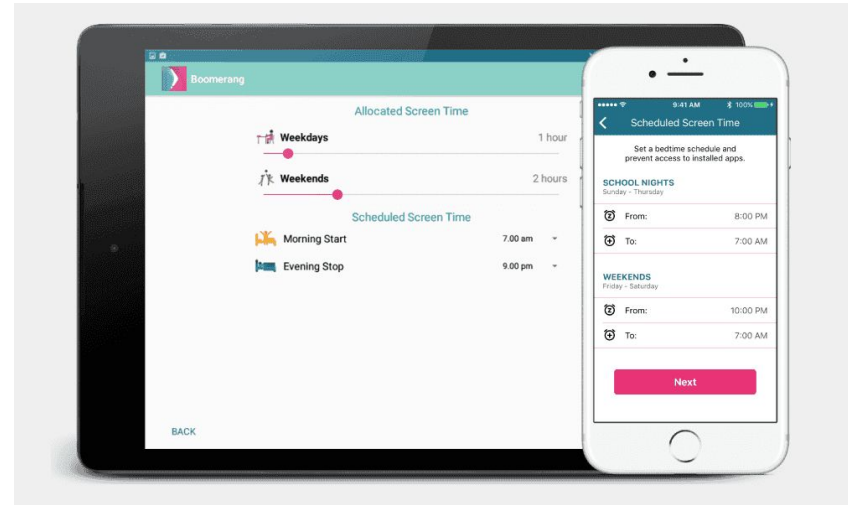
Simplicity: 4/5 Simple app to install on devices, that is easy to set up than similar solutions.

Coverage: 2/5 Android and iOS.

Control: 5/5 Can limit apps and internet time as well as texts, calls, and location.

Value: 4/5 \$30.99 (£23.50) a year for 10 devices.

Score: 15/20



Qustodio

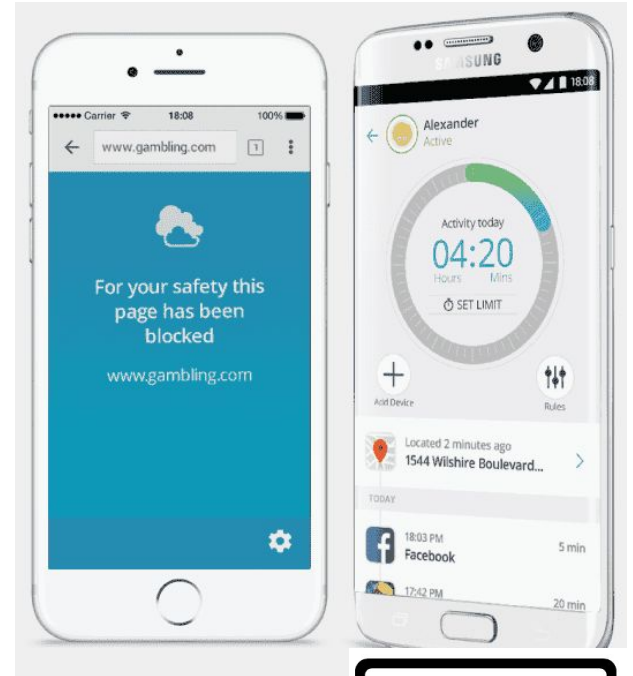
Simplicity: 2/5 Need to install the app on each device and some parents find this problematic.

Coverage: 4/5 Windows, Mac OS X, Android, iOS, Kindle, and Nook.

Control: 5/5 Can specify apps and internet limits as well as calls, texts, and locations.

Value: 3/5 £64.95 a year for 10 devices

Score: 14/20



Ourpact

Simplicity: 2/5 Need to set up on each device which is relatively complex, particularly on Premium setup.

Coverage: 2/5 Android, iOS.

Control: 5/5 Can specify apps and internet limits as well as calls, texts, and locations.

Value: 3/5 £63.60 a year for 20 devices

Score: 12/20



Google Family Link

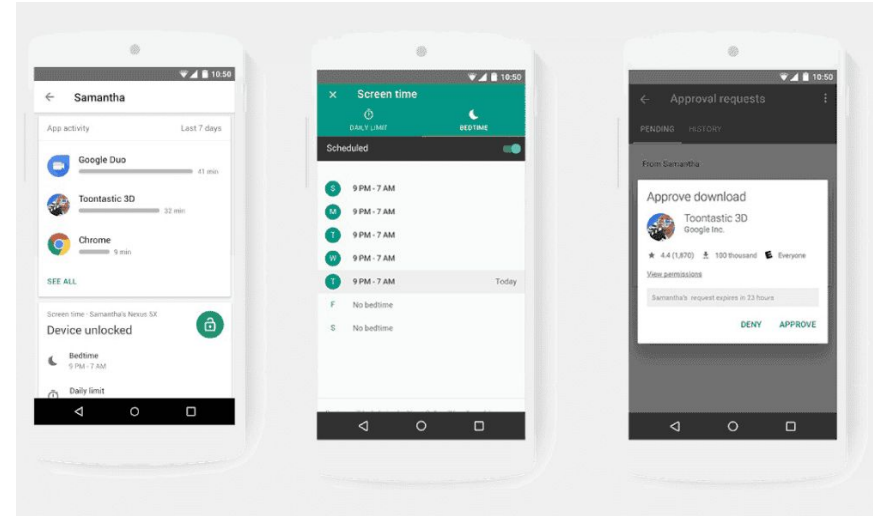
Simplicity: 3/5 App or software need installing on each device.

Coverage: 1/5 Android, (parents with iPhones can manage the app)

Control: 3/5 Monitors, limits time and blocks apps.

Value: 5/5 free

Score: 12/20



Family Time

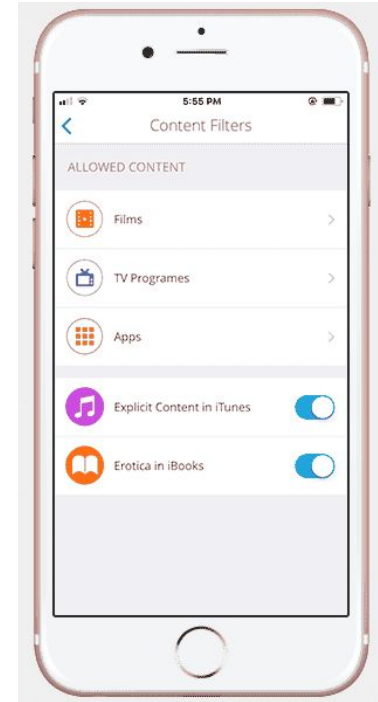
Simplicity: 2/5 Need to install the app on each device and some parents find that their children can “defeat” restrictions.

Coverage: 3/5 iOS, Android, and Kindle.

Control: 5/5 Can specify apps and internet limits as well as calls, texts, and locations.

Value: 1/5 \$69 x 2 (£105) a year for 10 devices

Score: 11/20



Net Nanny

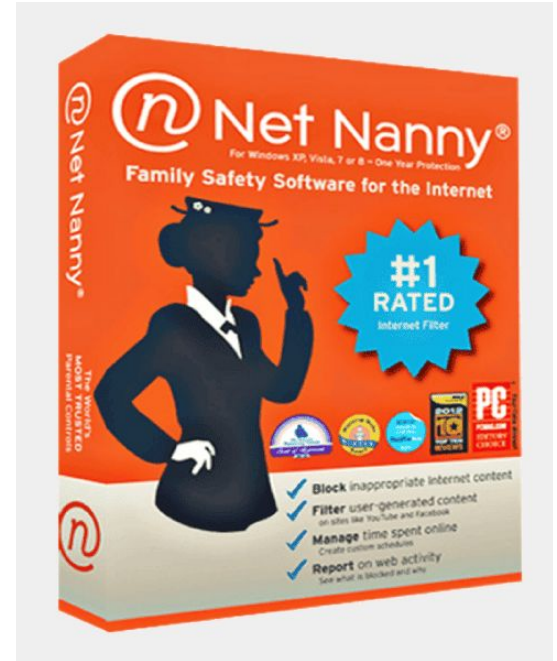
Simplicity: 2/5 Need to set up on each device which is relatively complex, as well as extra settings to restrict default browsers.

Coverage: 3/5 iOS, Android, Windows, and Mac.

Control: 2/5 Can't limit apps but it does limit internet time.

Value: 2/5 \$119.99 (£90) a year for 10 devices

Score: 9/20



Norton Family Premier

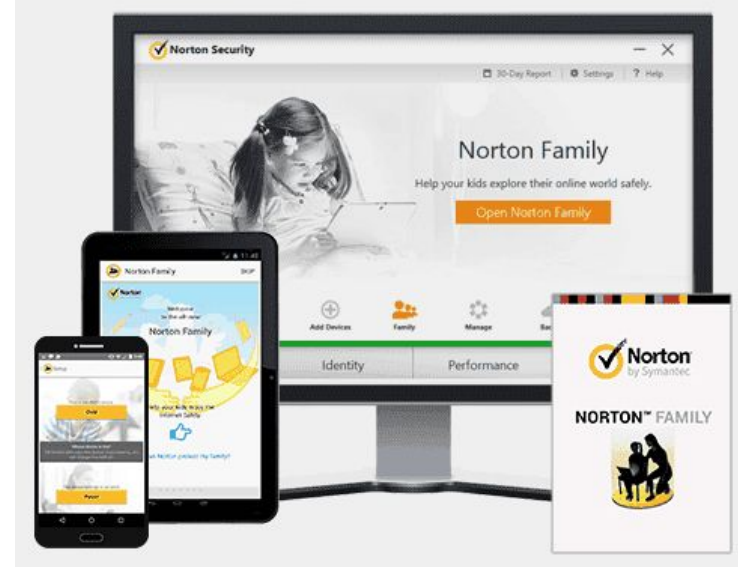
Simplicity: 3/5 App or software need installing on each device.

Coverage: 3/5 PC, Android, and iOS.

Control: 1/5 Monitors rather than limits time, just covers online time rather than apps.

Value: 2/5 £79.99 a year for 10 devices

Score: 9/20



	iOS12 and above	Circle	Boomerang	Qustodio	Our Pact	Google Family Link	Family Time	Net Nanny	Norton Family Premier
Simplicity	3/5 There are a lot more features meaning it may take some time figuring it out.	5/5 No app to install on devices, just one simple setup for everything.	4/5 Simple app to install on devices, that is easy to set up than similar solutions.	2/5 Need to install the app on each device and some parents find this problematic.	2/5 Need to set up on each device which is relatively complex, particularly on Premium setup.	3/5 App or software need installing on each device.	2/5 Need to install the app on each device and some parents find that their children can "defeat" restrictions.	2/5 Need to set up on each device which is relatively complex, as well as extra settings to restrict default browsers.	3/5 App or software need installing on each device.
Coverage	4/5 iOS	5/5 PC, Mac, Apple TV, Smart TVs, Android, and iOS.	2/5 Android and iOS.	4/5 Windows, Mac OS X, Android, iOS, Kindle, and Nook.	2/5 Android, iOS.	1/5 Android, (parents with iPhones can manage the app)	3/5 iOS, Android, and Kindle.	3/5 iOS, Android, Windows, and Mac.	3/5 PC, Android, and iOS.
Control	5/5 Can limit apps and internet time as well as other activities like privacy, texts, calls, and location.	3/5 Can limit any app via internet time with limits for specific activities like Fortnite or Roblox across all systems. But it doesn't limit time on apps without internet. Doesn't limit texting or mobile data unless you pay extra.	5/5 Can limit apps and internet time as well as texts, calls, and location.	5/5 Can specify apps and internet limits as well as calls, texts, and locations.	5/5 Can specify apps and internet limits as well as calls, texts, and locations.	3/5 Monitors, limits time and blocks apps.	5/5 Can specify apps and internet limits as well as calls, texts, and locations.	2/5 Can't limit apps but it does limit internet time.	1/5 Monitors rather than limits time, just covers online time rather than apps
Value	5/5 Free with iOS.	3/5 £99 one-off fee no device limit, but extra cost to manage mobile data.	4/5 £23.50 a year for 10 devices.	3/5 £64.95 a year for 10 devices	3/5 £63.60 a year for 20 devices	5/5 free	1/5 £105 a year for 10 devices	2/5 £90 a year for 10 devices	2/5 £79.99 a year for 10 devices
Score	17/20	16/20	15/20	14/20	12/20	12/20	11/20	9/20	9/20

The Hard Part...

Making your choice

How to choose the best Parental control app?

- It will depend on what you want to do and the concerns you have
- We don't recommend recording apps
- Free trials and non-premium free products
- Talk through options with your child
- Review boundaries as children mature

Will parental control software block all inappropriate content?

There is always the possibility that your child will find a way around any parental controls. You should:

- Ensure your software is up-to-date
- Maintain an interest in your child's browsing habits to ensure they've not created accounts outside the visibility

Because children deserve a safe digital world

Many parents are put off using controls and settings as they think they will be difficult to set up, or complicated to use. With our step by step guides, we can help make it simple and straightforward.



Smartphones and other devices

Select the device from the dropdown list



VIEW ALL

Entertainment & Search engines

Select the device from the dropdown list



VIEW ALL

Broadband & mobile networks

Select the device from the dropdown list



VIEW ALL

Social media

Select the device from the dropdown list



VIEW ALL

What features should I look for in a Parental Control App?

Core functionalities to look for...

- Ability to limit screen time
- APP blocking
- Streamlined family accounts
- Flexibility

What are the risks of using parental control App?

- You may be gaining a sense of security, but you risk losing the trust of your child
- You may be missing out on an opportunity to teach digital resilience
- Using Parent Apps with permission
- Security and Data breaches.