Services for Young Children

Parents/ Carers Update May 2023

Included this month: Cost of Living payments, Ticks/ Lyme disease, Childcare and Schools employability programme, immunisations for young people

Cost of Living Payments

Department for Work & Pensions

Millions of UK households will receive £301 directly from DWP between 25 April and 17 May. This is the first of three payments totalling up to £900 for those eligible and on means-tested benefits, such as Universal Credit or Pension Credit, in 2023/24.

There will also be further payments worth £150 for eligible disabled people and £300 for pensioners later this year, meaning the most vulnerable can receive up to £1,350 in direct payments.

The £301 payment will be sent out automatically and directly to recipients, meaning those eligible do not need to apply or do anything to receive it. The payment reference for bank accounts will be DWP COLP, along with the claimant's National Insurance number.

Warmer weather... watch out, ticks are about!

Always check your body for any signs of ticks at the end of a day in the countryside, and if you do find any ticks feeding, remove the tick promptly with tweezers, clean the bite site with an antiseptic wipe and watch for any symptoms of Lyme disease, remembering to consult your GP if you feel unwell. The infection can be serious if not treated.

The <u>three-minute video</u> will give you details on how to remove the tick and things to look out for. NHS <u>Lyme disease</u> information.

Childcare and Schools – Sector Work-based Academy Programme

Do you know a Hampshire resident aged 19+, currently unemployed and in receipt of benefits?

Hampshire Achieves offers a **free** 3-week employability programme, to help people to apply for a job in the childcare and schools' sector. New course dates are available now.

For more details or to check eligibility, visit <u>Hampshire Learns | Hampshire County Council</u> (hants.gov.uk) or contact: <u>skills.participation@hants.gov.uk</u>. Apply for a course via the online enrolment form: <u>Hampshire Learns Enrolment Form</u>.

Immunisations for young people

Make sure older siblings are up to date with their immunisations, covering:

- the tetanus, diphtheria and polio vaccine
- measles, mumps and rubella (MMR) vaccine (2 doses)
- human papillomavirus (HPV) vaccine for boys and girls
- meningococcal A, C, W, Y (MenACWY) vaccination meningitis and septicaemia

The guide to immunisation for young people can be found on the GOV.UK website <u>Immunisations for</u> young people - GOV.UK (www.gov.uk)







